

## 2018 Youth Soccer Season Primer

Thank you for signing your child up for our fall soccer program. Soccer is a great sport for our youth. Soccer demands and builds teamwork and gross motor skills. Soccer rules are age appropriate and easy to understand. Soccer is a physically demanding sport with some contact. Slide tackling is not allowed in any age group, and “headers” (hitting the ball intentionally with your head) is only allowed in the 10-12 year old division. Coaches are parent volunteers; if you are interested in coaching please indicate head or assistant coach, or either. If you have any questions on what is expected or needed to be a coach please do not hesitate to call Keaton Miller at (828) 428-5022. Requests to be on the same team as another player or specific coach are not guaranteed. The only way players are guaranteed to be together is family members. Please understand this is done is fairness to all participants. Teams are redrafted each season.

### Divisions (boys and girls play together)

**3-5 year olds** – This is an instructional league and is designed around learning the basics of soccer. They play eight-minute quarters with a 5-minute half time. All games are at the Municipal Baseball complex in Maiden on field #2 in right field. There is no score kept, and no goalies are used for this age group. At the conclusion of the games each player is given a kick from 10 feet until all players have scored a goal. Jersey t-shirts are provided with registration. Players will need a pair of shorts, and it is recommended to have soccer cleats, and shin guards. Shin guards should be worn under the players’ socks. Practice begins in August, games start the Saturday after Labor Day.

**6-7 year olds** – This age group is designed to teach the concepts of full competitive soccer on a smaller field with fewer players at one time. This age group plays twenty-minute halves with a 5-minute half time. Score is kept and there is an end of the season tournament with other Maiden teams. Games will be played at the Maiden Municipal Baseball complex and Sherrills Ford Optimist for exhibition games. Players will receive a game jersey t-shirt and must have a pair of soccer cleats and shin guards. Shin guards must be underneath the socks for safety. Practice begins in August, Games start the Saturday after Labor Day.

**8-9 year olds** – This age group is closer to full soccer. This age group plays twenty-minute halves with a 5-minute half time. Games are played at Maiden Municipal Baseball complex, Sherrills Ford Optimist, and Mtn View Recreation. There is an end of the season tournament. Players will receive a game jersey t-shirt and must have a pair of soccer cleats and shin guards. Shin guards must be underneath the socks for safety. Practice begins in August, Games start the Saturday September 15<sup>th</sup>.

**10-12 year olds** – This age group plays twenty-five minute halves with a 5-minute half time. Games are played at Maiden Municipal Baseball complex, Sherrills Ford Optimist, and Mtn View Recreation. There is an end of the season tournament. Players will receive a game jersey t-shirt and must have a pair of soccer cleats and shin guards. Shin guards must be underneath the socks for safety. Practice begins in August, Games start the Saturday September 15<sup>th</sup>.