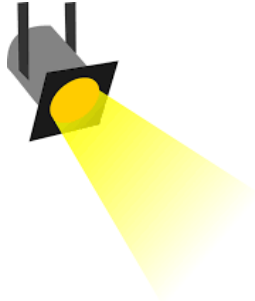


LOCAL BUSINESS SPOTLIGHT



Business Spotlight on Fit Revolution

This week Maiden spotlights Fit Revolution. This gym provides free weights, cardio and weight machines to help you get healthy. Owner Mike Tibbs says their motto is “helping people get healthy since 2007.” Personal Training services are available at Fit Revolution or work out on your schedule. Fit Revolution is open 24/7 and is conveniently located at 3556 US Hwy 321 S in Maiden. A summer membership is \$60 for adults and \$45 for students. You can contact Fit Revolution at 828-455-5648 or follow them on Facebook.

